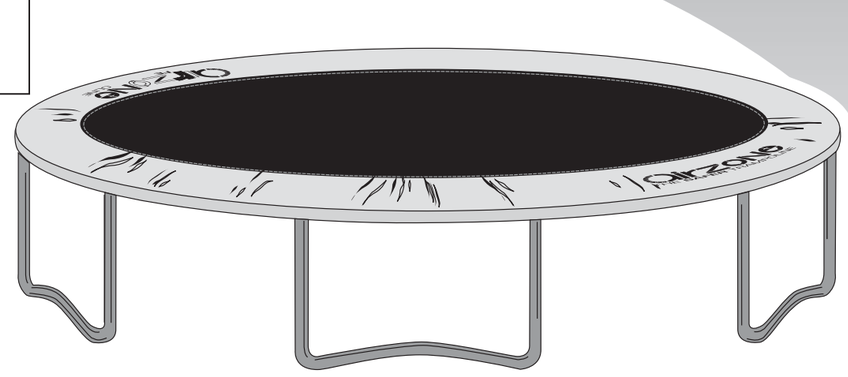
12’ BAND TRAMPOLINE

USER’S MANUAL

DO NOT Discard or loose this Manual, Serial #, and your original receipt. All three items required for warranty claims.

ATTACH SERIAL # STICKER HERE



Assembl y, Installation, Care, Maintenance, and Use Instructions.

⚠ WARNING!

Read these materials prior to assembling and using this trampoline and trampoline enclosure. Keep this manual so you can refer to it late r. Trampolines over 20 in. (51 cm) tall are not recommended for children under six years of age.

AZB-K

⚠ WARNING:

Read these materials prior to assembling and using this trampoline.

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Liability

While every attempt is made to embody the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change.

⚠ WARNING:

In addition to the instructions and precautions provided with your trampoline, the following precautions must be observed while using the Trampoline Safety Enclosure.

- DO NOT attempt or allow somersaults on the Trampoline. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- Do not allow more than one person on the trampoline or inside the trampoline enclosure. Use by more than one person at the same time can result in serious injuries.
- The metal frame of the trampoline enclosure will conduct electricity. Lights, extension cords, and all such electrical equipment must never be allowed to come in contact with the enclosure.
- Inspect the enclosure before each use. Make sure the straps and all parts are correctly and securely positioned and attached. Tighten any loose hardware. Replace any worn, defective, or missing parts.
- Wear comfortable clothing free of hooks, snaps, drawstrings or anything which may snag or catch in the safety enclosure mesh. Remove jewelry, necklaces, and earrings.
- Climb on and off the trampoline only through the safety enclosure entrance and securely close entrance. Users, especially children, must not attempt to enter or exit between the trampoline frame and the enclosure. Doing this may pose a strangulation risk.
- Do not touch or rebound off the safety enclosure mesh while using the trampoline.
- Read all instructions and complete all assembly before using the safety enclosure.
- Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.

For Recreational Use ONLY. Not for Professional Use.
Weight Limit for Trampoline User is 250 lb.
(200 lb. on Trampolines with Safety Enclosure.)

⚠ WARNING:

Assembly and Installation Instructions

- Adequate overhead clearance is essential. A minimum of 24 ft (7.3 m) from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards.
- Lateral clearance is essential. Place the trampoline and trampoline enclosure away from walls, structures, fences, and other play areas. Maintain a clear space on all sides of the trampoline and trampoline enclosure. A minimum of six feet from frame edge is recommended.
- The trampoline is heavy and is under heavy tension. Three able-bodied adults are required to set it up. Use appropriate clothing and shoes. Failure to follow these instructions may lead to injury or damage to the trampoline.
- Never set-up the trampoline in heavy rain, wind or storm conditions, especially lightning storms. It is recommended that the trampoline be taken apart and stored in bad weather.
- When moving the assembled trampoline, have at least four people evenly spaced around the frame (NSEW) to lift the trampoline off the ground.
- Place the trampoline and trampoline enclosure on a level surface before use.
- Use the trampoline and trampoline enclosure in a well-lit area. Artificial illumination may be required for indoor or shady areas.
- Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
- Remove any obstructions from beneath the trampoline and trampoline enclosure.
- The owner and supervisors of the trampoline and trampoline enclosure are responsible to make all users aware of practices specified in the "Use Instructions".
- The trampoline enclosure is only to be used as an enclosure for a trampoline and the trampoline must be of the approprite size as covered by the specific enclosure.

⚠ WARNING:

Care and Maintenance Instructions

Inspect the trampoline and trampoline enclosure before each use and replace any worn, defective, or missing parts.

The following conditions could represent potential hazards:

1. Missing, improperly positioned, or insecurely attached frame padding, barrier or enclosure support system (frame) padding and pole caps.
2. Punctures, frays, tears, or holes worn in the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
3. Deterioration in the stitching or fabric of the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
4. Ruptured springs or bands.
5. A bent or broken frame or support system.
6. A sagging barrier or bed.
7. Sharp protrusions on the frame or suspension system, or
8. Loosened or missing hardware.

⚠ WARNING:
Use Instructions

- DO NOT attempt or allow somersaults on the Trampoline. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- Do not allow more than one person on the trampoline or inside the trampoline enclosure. Use by more than one person at the same time can result in serious injuries.
- Keep objects away which could interfere with the performer. Maintain a clear area around the trampoline. Do not allow foreign objects or animals on the trampoline.
- Use trampoline and trampoline enclosure with mature, knowledgeable supervision.
- Trampolines over 20 in. (51 cm) tall are not recommended for use by children under six years of age.
- The trampoline should be assembled in its entirety before each use. All springs must be attached to the frame. The frame cover must be correctly positioned at all times.
- Never set-up the trampoline in heavy rain, wind or storm conditions, especially lightning storms. It is recommended that the trampoline be taken apart and stored in bad weather.
- When moving the assembled trampoline and trampoline enclosure have at least four people evenly spaced around the frame (NSEW) to lift the trampoline off the ground.
- Inspect the trampoline & enclosure before each use. Make sure the frame cover, barrier mesh, and enclosure support padding are correctly and securely positioned. Replace any worn, defective or missing parts.
- The metal frame of the trampoline and trampoline enclosure will conduct electricity. Lights, extension cords, and all such electrical equipment must never be allowed to come in contact with the trampoline or trampoline enclosure.
- Wear comfortable clothing. Remove jewelry, necklaces, and earrings. Wear clothing free of drawstrings, hooks, loops or anything that could get caught in the barrier mesh.
- Enter and exit the enclosure only at the enclosure door or barrier opening designated for that purpose. It is dangerous practice to jump from the trampoline to the ground or floor when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects.
- Stop bounce by flexing knees as feet come in contact with the trampoline bed. Learn this skill before attemting others.
- Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.
- Avoid bouncing too high. Stay low until bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height.
- While keeping the head erect, focus eyes on the trampoline toward the perimeter. This will help control bounce.
- Avoid bouncing when tired. Keep turns short.
- Properly secure the trampoline when not in use. Protect it against unauthorized use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised acess by children under six years of age.
- Do not use the trampoline while under the influence of alcohol or drugs.
- For additional information concerning the trampoline equipment, contact the manufacturer.
- For information concerning skill training, contact a certified trampoline instructor.
- Bounce only when the surface of the bed is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds. The trampoline should be taken apart or stored indoors during these types of weather conditions.
- Read all instructions before using the trampoline and trampoline enclosure. Warnings and instructions for care, maintenance, and use of this trampoline and trampoline enclosure are included to promote safe, enjoyable use of this equipment.
- Do not intentionally bounce off the barrier.
- Do not attemp to jump over barrier or attempt to crawl under barrier.
- Do not hang from, kick, cut or climb on barrier.
- Do not attach anything to the barrier that is not a manufacturer approved accessory or part of the enclosure system.
- Children may be entangled or strangled in loose cords or gaps between trampoline and enclosure. Keep enclosure tightly fastened to the trampoline in accordance with the manufacturer's instructions. Failure to properly assemble and maintain a tight, secure trampoline/enclosure boundary may result in serious injury, strangulation or death.

Trampoline Safety and Accident Prevention

As in most recreational sport, participants may be injured. This section covers the most common accidents. Responsibilities of the supervisors and jumpers in accident prevention are also outlined.

The following are reasons why accidents happen:

- **Attempting somersaults.** Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- **More than one person on the trampoline.** Use by more than one person at the same time can result in serious injuries.
- **Incorrect mounting and dismounting.** Carefully crawl out of and into the trampoline bed. Do not jump off to the ground. Do not jump from a roof, or other object onto the trampoline. Small children may need assistance to get on or off the trampoline. Do not step onto the suspension system.
- **Hitting the frame.** Stay in the center of the trampoline when jumping. Injury may result from hitting the frame when control is lost. Be sure the frame cover is always on and the pads securely fastened. Do not jump directly onto the frame pad.
- **Loss of control.** A jumper who looses control will increase his/her chance of injury. Be sure to familiarize yourself with the basic jumps before doing more difficult ones. Jumps should be mastered, performed repeatedly before moving on to the next level. To regain control and stop your jump, bend your knees sharply as you land.
- **Alcohol and drug use.** Because alcohol and drug use impairs the jumpers' coordination, loss of control as well as injuries are greatly increased.
- **Foreign objects.** Please make sure there is nothing sharp under and around the trampoline. Hitting objects under the trampoline can cause injury. Jumping with a foreign object can also increase the chances of getting injured. Be sure there is adequate clearance 24 feet above and 10 feet around the trampoline. Be careful of overhead wires, tree limbs etc.
- **Bad weather.** Do not use your trampoline in gusty winds or inclement weather. The bed should not be wet.
- **Poor maintenance of the trampoline.** Make sure you inspect the trampoline before every use. Check for punctures on the bed, sharp burrs on the frame, stitching that has gone bad or loose elastic bands. If a replacement part is needed, please call our hotline to order.
- **Unlimited access.** The trampoline should be covered or dis-assembled when not in use. This will prevent unsupervised small children from using the trampoline.

Owner's & Supervisor's Role in Preventing Injuries & Responsibilities

The supervisor's role is to make sure the users know all the safety rules as well as learn the basic, fundamental bounces. They need to enforce all the safety rules and warnings in the manual, frame and labels. When a supervisor is not available, the trampoline may be dis-assembled or covered to limit access. It is the supervisor's responsibility that the placard with the Trampoline Safety Tips is placed where all jumpers are informed about the tips.

User's Role in Preventing Injuries & Responsibilities

The jumper must first learn all of the basic, fundamental bounces before attempting more difficult ones. Low, controlled bounces are a good start before learning the basic landing positions and combinations. Jumpers need to understand that control is key to a successful jump. Review of the users' manual to learn basic techniques is a must. Following the tips in the placard is also important. Contact a certified trampoline instructor for more information.

ASSEMBLY (Frame)

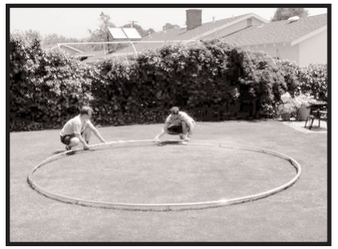
Refer to PARTS LIST for identification of parts.

WARNING: 3 adults in good physical condition are required for the following assembly. Wear proper shoes and maintain balance to prevent a fall. Failure to follow all instructions and warnings exactly may result in serious injury.

1 Connect one top-rail with one rail-connector.

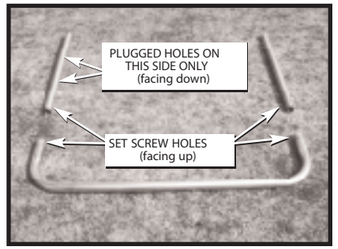
2 Align the set-screws holes, insert small set-screw & tighten.

3 Continue alternating top-rails with rail-connectors.

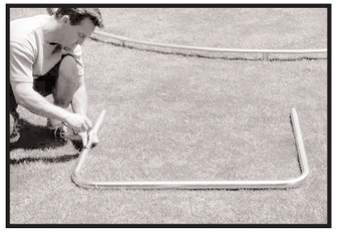


4 Secure each connection with a small set screw.

5 Bring both sides of the circle firmly together and secure with small set-screw. A 3rd person may be required to hold the other end down.

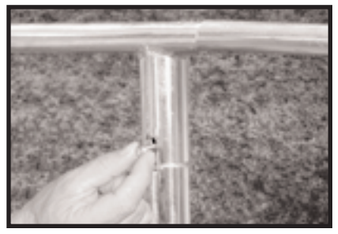


6 Lay one U-shaped leg piece, one leg extension, and one plugged leg extension on the ground.
(Plugged holes are for optional Safety Enclosure.)



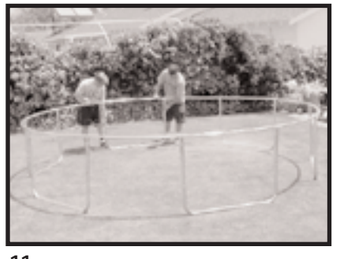
7 Connect both extensions to U-shaped piece as shown. Align the set-screws holes, insert large set-screws & tighten.

8 Turn U-leg so plugged holes are on right side. Attach the U-leg assembly to the top-rail as shown. The U-legs should now connect 2 top rails & a rail connec-



9 Secure U-leg to top-rail with large set-screws on each side.

10 Repeat procedure for each U-leg and attach to top-rail with large set-screws.



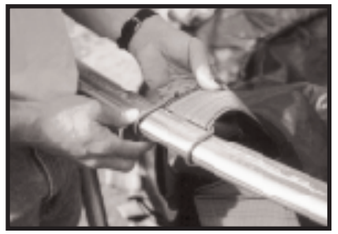
11 Continue until all U-legs are in place.

12 Make sure all set-screws are tight. Frame is now complete.

(SAFETY PAD & WEATHER COVER)

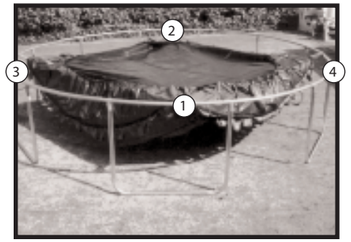
DANGER: 3 adults are required to use strap tools in exact manner as illustrated in STEP 17. Straps will create high levels of tension when assembled. Please use extreme caution not to pinch your fingers.

1 Layout mat on ground and attach first clip into strap.



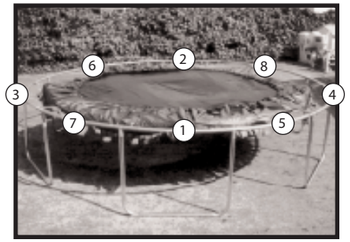
2 Attach strap with clip to the frame.(WARNING) The trampoline is under heavy tension & a great deal of effort may be required to attach bands to frame. Be careful not to pinch fingers or slip. Serious injury may occur!

3 Go directly across from where you attached first strap, and attach the second strap.



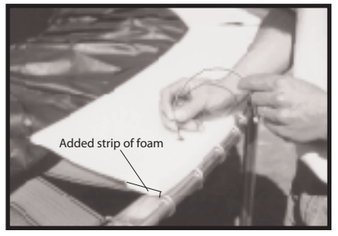
4 Attach two more sides directly across from each other.

5 Use strap tools as shown for the following procedures. (3 people may be needed).

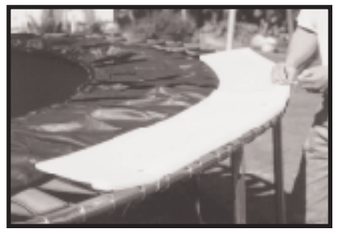


6 Follow sequence above. It's important to consistently attach the opposite end of the previous straps to even out tension.

7 Attach remaining straps until all straps are attached.



8 Place foam over straps and frame and insert quick-ties into foam at holes. NOTE - The added strip of foam should face down, against the top rail.



9 Foam must be securely attached with quick-ties around entire perimeter.

10 Pull the built-in weather cover over the foam - just like a shower cap.

11 That's it! Your AIRZONE trampoline is complete!

FUNDAMENTAL BOUNCES

STANDING BOUNCE

1. Start in the center of bed, feet shoulder-width apart, arms at side, eyes on end of bed.
2. As you jump from trampoline, arms come up and forward, circling outward and back to side as you again contact bed. Bring feet together, toes pointed, in the air, feet shoulders-width apart again as you contact bed. Arms need never go above your shoulders or behind your body.

FRONT DROP

1. First, assume position of hands and knees bounce. Begin to bounce slightly in this position, then kick legs back, land on stomach, taking some weight on bent forearms as shown in illustration. Make sure you **kick backwards, do not go forward**, and return to hands and knees position.
2. Try from a low bounce, **kicking backwards**, making your belt land where your feet were.

KNEE BOUNCE

1. First, assume kneeling position in center of bed, **back straight**, eyes on end of bed.
2. Pump your way to your feet by bouncing, using your arms as in standing bounce.
3. Duplicate position from a low bounce

HANDS & KNEE DROP

1. First, assume position shown in illustration, keeping head up, eyes on end of bed.
2. Duplicate position from a low bounce. Keep your hands as close to your knees as shown in illustration.

SEAT DROP

1. First, assume sitting position in center of bed, legs spread wide, hands on bed, leaning slightly forward.
2. Duplicate this position from a low bounce. To come to your feet again, be sure to lean forward and press bed with your hands.

BACK DROP

1. Lie on your back on bed, spread your legs slightly and raise them about 45 degrees from the surface of the bed, raise your arms to corresponding angle, raise head and look at end of trampoline. This is your landing position.
2. Try cautiously from a low bounce, making sure you do not lose sight of end bar of trampoline at any time. Weight should be taken more on your shoulders than on your hips.

TUCK POSITION

Done like a standing bounce, but at **top of bounce**, bring knees to chest and grasp with arms. Then lower feet to contact bed.

LAYOUT POSITION

Done like a standing bounce, but at **top of bounce**, stretch slightly, arching back, and momentarily looking skyward.

PIROUETTE

HALF PIROUETTE:
Done like a standing bounce, but at **top of bounce**, swiftly turn head and search for opposite end of trampoline. Do not travel. Land on feet.

FULL PIROUETTE:
Done as above, but continue around, until a complete circle has been made. Spot by looking for end bars as you complete trick.

PIKE POSITION

Done like a standing bounce, but at **top of bounce**, keeping knees locked and toes pointed, raise legs as illustrated, then lower feet to contact bed.

STRADDLE POSITION

Done like pike bounce, but with legs spread as widely as is comfortable. Reach for your toes!

12' PARTS LIST

Plugs (12)
132514

Large Screws (24)
139660

Small Screws (12)
139661

Metal Clips

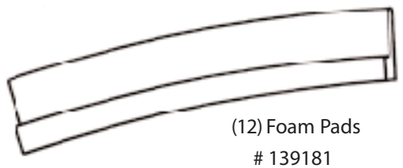
(12 Foot = 72)
132470

Trampoline safety tips placards (2 - sewn to pad cover)

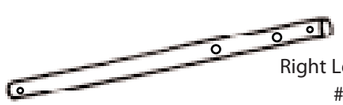
Top Rail (6 identical pieces)
139689

Rail Connectors (6 identical pieces)
139690

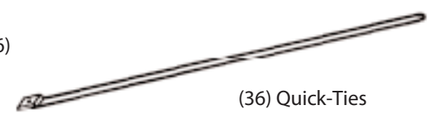
W-Shaped Leg Piece (6)
139691



(12) Foam Pads
139181

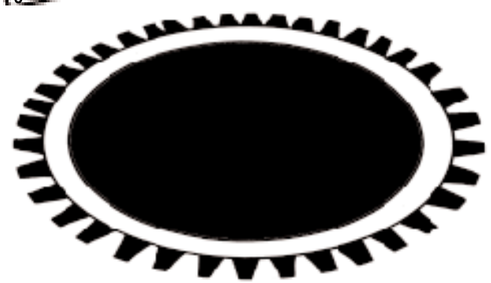


Right Leg Extensions (6)
139693

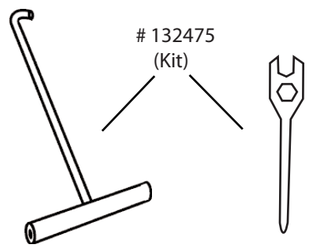


(36) Quick-Ties
132728

Left Leg Extensions (6)
139694



Mat/ Safety pad/ Ultra-Flex System (1)
139770



132475
(Kit)

Strap Tools (2)

Screwdriver (1)

LIMITED WARRANTY

DO NOT RETURN TO PLACE OF PURCHASE

Subject to the following limitations, in addition to any imposed by virtue of applicable law, Bravo Sports warrants this Variflex, UltraFlex or AirZone trampoline and/or safety enclosure to be free from defects in materials and workmanship under normal use and service conditions. The tubular steel frame is warranted for two (2) years after the date of purchase. All other parts are warranted for ninety (90) days after the date of purchase. This warranty is limited to the repair and/or replacement of defective parts only. All requests for missing parts must be pre-authorized by calling customer service within 30 days of the date of purchase and must be accompanied by an original receipt from an authorized dealer.

1. This Limited Warranty will apply only if the part(s) are returned freight pre-paid to the Customer Service Department listed below and are accompanied by both an original receipt from an authorized dealer and the Serial Number found on the frame or instruction manual, and if BravoSports, at its sole discretion, determines it (them) to be defective.

2. This Limited Warranty will apply only to Variflex, UltraFlex or AirZone trampolines and/or enclosures that are purchased from an authorized dealer. This Limited Warranty is extended only to the original consumer purchaser and is not transferable.

3. Be sure to retain your original purchase sales receipt and instruction manual for any warranty claim. The instruction manual has a Serial Number on the front cover (a duplicate of which is also found on one of the tubular steel components) that is required for all missing parts and warranty claims. All warranty claims must be accompanied by the original purchase receipt from an authorized dealer and this serial number.

4. Before returning any parts to Bravo Sports for warranty inspection, the original consumer purchaser must obtain an RMA # (Return Merchandise Authorization number) from BravoSports. Such authorization can be obtained by calling our Customer Service Dept. at the toll-free number listed below or by writing to the BravoSports Customer Service Department at the address listed below. The original consumer purchaser is responsible for all shipping costs.

5. Upon receipt of authorization from our Customer Service Department, you must submit your warranty claim to the address below, ship parts freight pre-paid, accompanied by the original, dated purchase receipt with the Serial # from the manual or frame written on it. Do not return this product to the place of purchase. For warranty service, or for missing or replacement parts or any other problems, call or write to our Customer Service Department at the phone number or address listed below. We will send any replacement parts via U.P.S. Ground.

6. This Limited Warranty does not cover damage or loss from: wind, rain, fire, snow, ice, or other forces of nature; accident; normal wear; improper assembly, disassembly, or adjustment during set-up or take-down; or any abuse, neglect or misuse of this trampoline, enclosure and/or its parts. Any alteration to the original product voids this warranty.

7. To the extent allowed by applicable law, any implied warranty of merchantability or fitness applicable to this Variflex / AirZone Trampoline and/or Enclosure is limited to the duration of this Limited Warranty. Bravo Sports does not warrant against, and in no event shall Bravo Sports or its authorized agents be liable for, any personal loss, injury, or direct or indirect incidental or consequential damage resulting from the use of this product. Please note that some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you. This Limited Warranty gives you specific legal rights and you may have other rights which vary from state to state.

This Limited Warranty is null and void if the "Care and Maintenance" instructions on page 2 and the "Use Instructions" on page 3 of this Manual are not followed prior to each use of the trampoline.

Bravo Sports, 12801 Carmenita Rd. Santa Fe Springs, CA 90670
Service Hotline: (877) 99BRAVO (27286)